

## **Methods of art-therapy in practice of psychological counseling**

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Based on overview of modern domestic and international literature on art-therapy, basis ground of the possibility of using art-therapy methods in psychological counseling of children and adults is given. The application boundaries for using art-therapeutic techniques are emphasized. Examples of practical realization of art-therapy methods in counseling are examined.

**Key words:** methods of art-therapy, psychological counseling, art-therapy, image.